

Catholic Parish of the
Most Holy
Trinity



Church of St Henry Morse

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Charity No. 278742

Parish Priest
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**Our Lady of Mount Carmel
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Carmel Chaplain
Fr. Stephen Blair

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Parish Diary 4th – 12th March 2023

Date	Solemnity/Feast	Place, Time, Event	Mass Intentions/Notes
		QC - Quidenham, Carmel HM - Henry Morse, Diss	
Sat 4th	A second collection will be taken for the work of CAFOD	QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the Parish
2nd WEEK OF LENT (Year A)			
Psalm Response:		May your love be upon us, O Lord, as we place all our hope in you.	
Gospel Acclamation:		Glory and praise to you , O Christ!	
Eucharistic Prayer:		3	
Sun 5th	2nd SUNDAY OF LENT A second collection will be taken for the work of CAFOD	HM 1000 Mass QC 1030 Mass	Private Mass Intention
Mon 6th		QC 0800 Mass	
Tue 7th		QC 0800 Mass	
Wed 8th	ST FELIX B Secondary Patron of the Diocese. Feast.	QC 0800 Mass HM 0930 Mass	
Thurs 9th		QC 0800 Mass	
Fri 10th		QC 0800 Mass HM 0930 Mass HM 18.30 Lenten Penance Celebration/ Confessions	Lent Lunch at St. Henry Morse 12.30pm – 1.30pm Stations of the Cross 1800
Sat 11th		QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the Parish
Sun 12th	3rd SUNDAY OF LENT	HM 1000 Mass QC 1030 Mass	Get together and games afternoon 2.30-4.30. Everyone welcome.

Please pray for the house-bound and sick: Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Peter Hinchey, Pat Kelly, Harold Prendergast, Cyril Bond, Kevin Preston, Ursula Halton, Kathleen Langton, John Pitt, June Cary, Beryl Morrison, Jeremy Power, John Kilgannon, Ockie Bruning, Yvonne Mitchell, David Williams, Linus Halton and David Nash.

We pray for the souls of those whose anniversaries occur in March: William F.A. GRIMWOOD, Clare WERNER, Odette Susanne LANE, Ursula FARRELL, Pamela G WILLIAMS-MEYRICK, Anthony GADSBY, Maria CAMPION, Doris Gertrude CLEWLEY, Helen Mary GRACE, Michael HENIGHAN, Florence A.C. ROBINS, Margaret Janet TOGHILL, Joseph Willy MAUNICK, Kathleen Peggy BENTIN, Henry Edward HORROCKS, Andrew Francis RAE, Joseph Henry WARE, Gerald B.J. MOYNIHAN, Miriam Joan JONES, Jennifer JOSLIN, Noel John WHITE, Dorothy Rosslyn GIBBS, Frederick SLOAN, Ronald John Charles DAMANT, Kenneth Paul DEIGHTON, Sheila Ethel KELLY, Dennis CARNELLEY, Mary Jane COLLINS, Connie Mary THAXTER, Michael Stephen BENNETT.
May they Rest in Peace.

Parish News

A warm welcome to everyone. Coffee and tea are served after the 10.00am Mass on Sundays and the 09.30 Mass on Wednesdays; all are invited to join us. Father Alex offers a warm welcome to anyone who is visiting the parish this week.

Newsletter- information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available) and/or posted to the Parish Website. Information may be left in the office or emailed to office@holyltrinitydiss.plus.com

FOODBANK - URGENTLY NEEDED FOOD ITEMS – rice pudding, tinned fruit, UHT milk, sugar, custard, biscuits, instant mash, long life fruit juice, sponge puddings, tinned potatoes, rice, jam/spreads.

Season of Lent: The season of Lent a 40-day observance (not counting Sundays), is a period of intensified prayer and penance preparing us for the celebration of Easter. Prayer and penance are essential weapons we must use in our battle against Satan, our fallen human nature and the spirit of worldliness that pervades our society. Ash Wednesday starts Lent with a day of remembering our humanity, the reality of death, and the need for repentance. **Fr Alex**

Clergy Thoughts: Through his transfiguration, Christ reveals to us the glory that would be ours in future if we remain faithful and persevere. The glory revealed today should serve as a catalyst to motivate us to continue walking towards our final destination, as we are encouraged to be strong and courageous in our journey this Lenten Season. The journey is not yet over, and truly, not an easy one. However, Christ, our Lord, is with us. Amen. **Fr. Alex**

Fr. Alex is leading a pilgrimage to the Holy Land, leaving on Thursday 16th March 2023. If any parishioners would like to send a petition with Fr. Alex, it can be given to him or left in the sacristy.

Lent Lunches: **St Henry Morse RC Church:** Lent Lunch Friday 10th March, 12.30-1.30pm
URC and Methodist Church: Joint Lent Lunch Friday 24th March, 12.30pm-1.30pm

CAFOD Family Fast Day – Lent Appeal

This Lent, your donations to CAFOD's Family Fast Day Appeal will help families fighting the climate crisis and ensure that our Church network can quickly respond to emergencies, like the recent earthquake in Syria and Turkey. Give today using the envelope or at cafod.org.uk/give and please join us in praying for CAFOD's development and emergency response work all over the world.

Parish Social Activities: Get Together & Games Afternoon. Sunday 12 March 2.30 - 4.30.

Come along for a chat and a cuppa... Board games will be provided for those who want to play. Families very welcome although this event is not specifically aimed at children.

If you have any suggestions for parish activities, please let us know. Or come along to the next social planning meeting at church on Thursday 13 April at 7.00 pm. **Thank you.**

The National Novena to St Joseph will take place from 11th-19th March 2023 at St Joseph's Church in Maidenhead. If you are able to attend **Masses are on Saturday (11th & 18th) at 10am; Sunday (12th & 19th) at 11am; Monday-Friday (13th-17th) at 7.30pm.** Or on Zoom via Mill Hill website: www.millhillmissionaries.com/novena. Or send request by email novenamhm@gmail.com or telephone 01628-673178

INVITING YOUNG ADULTS TO "TRANSFORM FOR HOLY WEEK" MARCH 31ST – 2ND APRIL

A special weekend for young people age 16+ to go deeper in their faith and help prepare for Holy Week and Easter. The weekend will be a time to retreat from the busyness of life and include talks, music and prayer. Come for a day or the whole weekend. Held at Clare Priory in Suffolk. For more information, please see www.transform4.co.uk [1]

Healing After Abortion - Rachel's Vineyard weekend retreat. - March 17 – March 19th, 2023, North Norfolk

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Healing Weekends offer a supportive, confidential and non-judgmental environment where women and men can express and reconcile painful post-abortive emotions to begin the process of healing. Do email so that we can correspond or arrange a time to chat. East England contact: sona@rachelsvineyard.org.uk. Further info about RV: <https://www.rachelsvineyard.org.uk>

COULD YOUR NEW YEAR'S RESOLUTION BE TO HELP BUILD A BETTER WORLD THROUGH VOLUNTEERING? CAFOD, the Catholic Agency for Overseas Development, are looking for people to give some time and join them in their mission. Could you help develop our work in parishes or Catholic schools? Or raise a voice and campaign for justice throughout the diocese? Training and support are provided. See cafod.org.uk/Volunteer [1] for more information or get in touch with jcrone@cafod.org.uk.

The Norfolk Home Library Service delivers books and other media free of charge to people unable to get to their local library.

The service is open to all ages and includes those who may be housebound, living in long-term care, with vulnerabilities or mobility issues, and carers. To sign up, please contact the Norfolk Library and Information Service on 01603 774777 (Option 1) or email libraries@norfolk.gov.uk. Interested in volunteering? Visit royalvoluntaryservice.org.uk, call 0103 397 998 or email norfolkhl@royalvoluntaryservice.org.uk

Norfolk Churches Trust Sponsored Bike Ride and Walk 2022 - the 40th Anniversary Bike Ride will take place on Saturday 9th September 2023.