

Catholic Parish of the  
Most Holy  
Trinity



**Church of St Henry Morse**

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Charity No. 278742

Parish Priest  
Fr. Alex Anaman

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**Our Lady of Mount Carmel  
Carmelite Monastery,**  
Quidenham,  
Norfolk NR16 2PH

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Carmel Chaplain  
Fr. Stephen Blair

01953 716060

Parish Diary 3rd – 11th September 2022

Date	Day	Place, Time, Event.	Mass Intentions/ Notes
		<b>HM</b> - Henry Morse, Diss <b>QC</b> - Quidenham, Carmel	
Sat 3rd	<b>ST GREGORY THE GREAT PpD Feast</b>	<b>QC</b> 0800 Mass <b>HM</b> 0930 Rosary <b>HM</b> 1000 Mass <b>HM</b> 1045 Confessions <b>HM</b> 1800 Mass	For the Parish
<b>23RD WEEK OF YEAR (Year C)</b>			
Psalm Response:		O Lord, you have been our refuge from one generation to the next.	
Gospel Acclamation:		I call you friends, says the Lord, because I have made known to you everything I have learnt from my Father.	
Eucharistic Prayer:		3	
Sun 4th	<b>23rd SUNDAY ORDINARY TIME</b>	<b>HM</b> 9000 Mass <b>QC</b> 1030 Mass <b>HM</b> 1130 Mass	William & Margaret Preston RIP
Mon 5th		<b>QC</b> 0800 Mass	
Tue 6th		<b>QC</b> 0800 Mass <b>HM</b> 0930 Mass	
Wed 7th		<b>QC</b> 0800 Mass <b>HM</b> 0930 Mass	For those no longer attending Mass
Thurs 8th	<b>THE NATIVITY OF THE BVM. Feast.</b>	<b>QC</b> 0800 Mass <b>HM</b> 0930 Mass	
Fri 9th		<b>QC</b> 0800 Mass <b>HM</b> 0930 Mass	
Sat 10th		<b>QC</b> 0800 Mass <b>HM</b> 0930 Rosary <b>HM</b> 1000 Mass <b>HM</b> 1045 Confessions <b>HM</b> 1800 Mass	<b>Norfolk Churches sponsored bike ride or walk</b> For the Parish
Sun 11th	<b>24th SUNDAY ORDINARY TIME Education Day</b>	<b>QC</b> 1030 Mass <b>HM</b> 1130 Mass <b>10th Anniversary Mass for St. Henry Morse (outside). Followed by buffet refreshments.</b>	Intentions of Fr. Peter Preston S.D.S

**Please pray for the house-bound and sick:** Brian Grant, Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Peter Hinchey, Pat Kelly, Harold Prendergast, Cyril Bond, Kevin Preston, Ursula Halton, Kathleen Langton, John Pitt, June Cary, Beryl Morrison and Jeremy Power.

**We pray for the souls of those whose anniversaries occur in September;** Emma NORTHAM, William Arthur LAMBILLION, Monica MAXWELL, John Michael WARING, Oliver Arthur Amos MACKAY, David Evan TRACY, Edward OWEN, Thomas BANNON, Clara Ivy Muriel WREN, Desmond Kevin DOLAN, Mary Josephine CONLON, Thomas CANNON, Walter Rennie BOYACK, Brendan COPLEY, Sara Margaret Davies, Lucy GIKE, Christophelena Adriana GOVAERE. **May they Rest in Peace.**

**A warm welcome to everyone.** Coffee is served after Mass on Sunday 1130 and Wednesday 0930, you are invited to join us. Father Alex offers a warm welcome to anyone who is visiting the parish this week

**Newsletter** – information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available), and/or posted to the Parish Website. Information may be left in the office or emailed to [office@holyltrinitydiss.plus.com](mailto:office@holyltrinitydiss.plus.com).

**FOODBANK - URGENTLY NEEDED FOOD ITEMS** – rice pudding, tinned fruit, UHT milk, sugar, custard, biscuits, instant mash, long life fruit juice, sponge puddings, tinned potatoes, rice, jam/spreads.

### **The Season of Ordinary Time**

We have entered the Season of Ordinary Time. The season of Ordinary Time is the longest liturgical season, and it is divided into two parts. The first part of Ordinary Time begins in January, on the day after the Feast of the Baptism of the Lord and continues to the Season of Lent. The second part begins on the day after Pentecost and continues to Advent, when the liturgical year begins again. The purpose of this season is to support new disciples and the whole congregation in living out the gifts and callings discerned during the Easter Season and commissioned on the Day of Pentecost. The Season is named Ordinary because the Sundays are numbered and are named after the Latin word for numbers in a series, which is *ordinalis*. The normal liturgical colour for Ordinary Time—for those days when there is no special feast—is Green. May we celebrate this season with love and commitment. **Amen! Fr Alex**

**Theme: Commitment and Self-Sacrifice.** On this twenty-third Sunday of ordinary time, the church celebrates the spirit of commitment and self-sacrifice of Christ. The spirit of self-sacrifice motivates one to do the unimaginable. To be Christ's disciple means being ready to make sacrifices. In the spirit of commitment and sacrifice, the wisdom of God becomes fully alive and active in us. It also helps us deepen our trust in God's divine providence and protection. Hence, we can say with the palmist: "O Lord, you have been my refuge from one generation to the next." Amen! Fr Alex

**Father Alex would like to thank you for your most generous donations towards the renovation of the 'First Mission House' in Abrem Saaman, via Elmina, Ghana. The donations returned so far have totalled £1,500. However, the budget for the complete renovation is £ 15,000. We are asking once again, if you are able, to contribute further to this renovation. If you would prefer to make your donation online the online transfer details are as follows: "Diss Catholic Church" Mission House Project. HSBC Acct. No. 01477331 Sort Code 40-19-18. May God touch you to support this just course and may you be replenished abundantly. Father Alex.**

**ANNA will be leaving us very soon to go back to her home in Mexico. We shall miss her because she was such a stalwart member of our community and an inspiration to all of us who got to know her. We wish her God Speed and a safe Journey.**

### **Parish organised events – Dates for your Diary**

We have a number of events lined up for the coming months and look forward to seeing a good number of parishioners attending. Although fund raising is no longer as important as it once was, it is good for us to get together socially, for catching up with fellow parishioners and to be able to meet new members and also to enjoy ourselves! Where tickets are required, we endeavour to keep the price as low as possible whilst being able to cover any costs.

**Sunday 11<sup>th</sup> September** 10 year Anniversary for St Henry Morse church. One morning mass only at 11.00 am which will be outside – weather permitting. Finger buffet refreshments after, please sign up on sheet in community room if able to contribute.

**Sunday 18<sup>th</sup> September.** - First Holy Communion Mass at 11.30. Parishioners are encouraged to attend Saturday 6.00 or Sunday 9.00 masses in order to leave space for the families and friends at the First Communion Mass

**October** - Quiz night led by Deacon Patrick – date to be confirmed. Teams of up to 4 people . Teams can be formed on the night as preferred. Tickets £2 per person

**Friday 18<sup>th</sup> November** - Chips and Shadows Evening. Join Deacon David in his alter ego as Hank Marvin for an evening of The Shadows greatest hits, along with a chip supper. Prior booking for this is essential, tickets will include cost for fish and chips, price to be confirmed

**Wednesday 7<sup>th</sup> December** - Waveney Choir concert at St Henry Morse . Programme to include carols and seasonal music. We have a number of parishioners in the choir so you should recognise a few familiar faces! Ticket proceeds will be donated to charity – further details to be confirmed.

### **General events - Dates for your diary**

#### ***Last chance to book a ticket for the Transform Festival***

***For young people age 16 – 30 - come and experience your faith in a new and dynamic way! Held at Clare Priory 9th – 11th September, the weekend will include live music, powerful talks, passionate prayer and interactive workshops, as well as good food and free time! Organised by the Diocesan Youth Service and Clare Priory. Bookings close Sunday 4<sup>th</sup> September.***

***See [www.transformfestival.uk](http://www.transformfestival.uk) for more information.***

**Saturday 10<sup>th</sup> September -The Norfolk Churches Trust**—Sponsored Bike Ride or Walk. If you would like to take part the money you collect from being sponsored to visit as many churches as you can manage, is divided between the Norfolk Churches Trust and our own parish funds. Maggie Nylk (Telephone no 07816433891) has asked if anyone would like to join her. It would be great to have families taking part this year. Please collect your sponsor form from the church office.

**September 14<sup>th</sup> Wednesday – Day of prayer for the Ukraine** - A Day of prayer has been proposed across Europe by the Bishops on the Feast of the Exultation of the Holy Cross.

**Headteacher vacancies:** St Mark's Catholic Primary School, Ipswich / Sacred Heart Catholic Primary School, Peterborough  
Please see diocesan website for more details: <https://www.rcdea.org.uk/schools/school-vacancies/>