

Catholic Parish of the
Most Holy
Trinity



Church of St Henry Morse

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Charity No. 278742

Parish Priest
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**Our Lady of Mount Carmel
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Quidenham,
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Carmel Chaplain
Fr. Stephen Blair

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Parish Diary 21st – 29th January 2023

Date	Solemnity/Feast	Place, Time, Event	Mass Intentions/Notes
		QC - Quidenham, Carmel HM - Henry Morse, Diss	
Sat 21st	St Agnes VM. Mem.	QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the Parish
3rd WEEK OF THE YEAR (Year A)			
Psalm Response:		The Lord is my light and my help.	
Gospel Acclamation:		Jesus proclaimed the Good News of the kingdom, and cured all kinds of sickness among the people.	
Eucharistic Prayer:		2	
Sun 22nd	3rd SUNDAY IN ORDINARY TIME Sunday of the Word of God	HM 1000 Mass QC 1030 Mass	Henri Edouard Pavid RIP Taizé Service of music and prayer 3pm at the URC
Mon 23rd		QC 0800 Mass	
Tue 24th	St Francis de Sales BD Mem.	QC 0800 Mass	
Wed 25th	THE CONVERSION OF St PAUL Ap. Feast.	QC 0800 Mass HM 0930 Mass	Jim Smith RIP
Thurs 26th	Ss Timothy & Titus BB Mem.	QC 0800 Mass	
Fri 27th		QC 0800 Mass HM 0930 Mass	
Sat 28th	St Thomas Aquinas PD Mem.	QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the Parish
Sun 29th	4th SUNDAY IN ORDINARY TIME	HM 1000 Mass QC 1030 Mass	

Please pray for the house-bound and sick: Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Peter Hinchey, Pat Kelly, Harold Prendergast, Cyril Bond, Kevin Preston, Ursula Halton, Kathleen Langton, John Pitt, June Cary, Beryl Morrison, Jeremy Power, John Kilgannon, Ockie Bruning, Yvonne Mitchell and David Williams.

We pray for the souls of those whose anniversaries occur in January:

Antonina CATALANO Tessa COOPER Margret Anne KEENE Barbara Annette LAST Frederick Walter LEESEN Kathleen Francis BARRETT Mary Harriet MALONE Agatha LEVACK Harman GRISEWOOD Eileen Mary ASKEW Anthony FAULKNER Mary LARCH Margaret WARREN Sr. Rita Maria of the Cross McCAULEY Kate Frances MOORE-SMITH Frances CANDERTON Rose Mary JACKSON Raymond LALLY Barbara Maria GREEN Florence HORRELL Katherine Lily LANGER Henri Edouard PAVID Maureen Patricia BAILEY Joan EASTON John Bloomfield WILKES Agnes GADSBY Irene PROCTER Stuart Eric JAMES Kathleen BAGEN Gladys Mildred JOHNSTON Angelina JOHNS Joseph BATTEY Peter COFFEY, Fr Peter PRESTON S.D.S. **May they Rest in Peace.**

A warm welcome to everyone. Coffee and tea are served after the 10.00am Mass on Sundays and the 09.30 Mass on Wednesdays; all are invited to join us. Father Alex offers a warm welcome to anyone who is visiting the parish this week.

Newsletter- information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available) and/or posted to the Parish Website. Information may be left in the office or emailed to office@holytrinitydiss.plus.com

We are looking for someone to oversee our Parish Library and Religious Articles in the Community Room. If you are interested in volunteering, please speak to Fr Alex.

FOODBANK - URGENTLY NEEDED FOOD ITEMS – rice pudding, tinned fruit, UHT milk, sugar, custard, biscuits, instant mash, long life fruit juice, sponge puddings, tinned potatoes, rice, jam/spreads.

Seasons of Ordinary Time: Ordinary Time refers to all of those parts of the Catholic Church's liturgical year that aren't included in the major seasons of Advent, Christmas, Lent, and Easter. Ordinary Time thus encompasses two different periods in the Church's calendar. Ordinary Time is called "ordinary" not because it is common but simply because the weeks of Ordinary Time are numbered. The Latin word *ordinalis*, which refers to numbers in a series. Thus for Catholics, Ordinary Time is the part of the year in which Christ, the Lamb of God, walks among us and transforms our lives. Fr Alex

Clergy Thoughts

Isaiah prophesied that Zebulun and Naphtali, the lands first to be degraded, would be the first to see the light of God's salvation. Jesus today fulfils that prophecy, announcing the restoration of the kingdom of David, in the gospel. The yoke of slavery and sin, borne by humanity since time began, has been destroyed, and we are able now, as we sing in today's Psalm, to dwell in the house of the Lord, to worship Him in the land of the living. Amen. **Fr Alex**

Taizé Service of music and prayer – Sunday 22nd January, 3pm at the URC (opposite Aldi). All welcome.

Future Social Events:

There is a varied programme of parish events planned for the next few weeks, with social activities for all ages!! It will be good if these events are really well supported.

Please see the attached sheet for more details. If you have any suggestions for parish activities please let us know. Or come along to the next social planning meeting at church on Thursday 13 April at 7.00 pm. **Thank you.**

COULD YOUR NEW YEAR'S RESOLUTION BE TO HELP BUILD A BETTER WORLD THROUGH VOLUNTEERING?

CAFOD, the Catholic Agency for Overseas Development, are looking for people to give some time and join them in their mission. Could you help develop our work in parishes or Catholic schools? Or raise a voice and campaign for justice throughout the diocese? Training and support are provided. See cafod.org.uk/Volunteer [1] for more information or get in touch with jcrone@cafod.org.uk.

Retrouvaille is a programme for couples who are having difficulties in their marriages. **The next face to face**

Retrouvaille programme is the weekend 24-26 February 2023 in Welwyn Garden City. Retrouvaille would really value your help in bringing these programmes to the attention of the people of your parish. Further information is available via the Retrouvaille website: www.retrouvaille.org.uk

Inviting all young people in Year 9 and above to 'Flame' at Wembley Arena

The Diocesan Youth Service is excited to be taking a group to 'Flame' on March 4th. Flame is the largest catholic gathering of young people in the UK, coming together to experience the best in international speakers, artists and performers. For details and to book a ticket and place on the coach, please see www.rcdea.org.uk/youth. Bookings must be received by 12th February.

8 Day Pilgrimage to the Holy Land 2023 = 16th-23rd March 2023

For any of our parishioners who are interested, further details can be had by phoning Margaret Donnelly. Tel 01953 861479.

Healing After Abortion - Rachel's Vineyard weekend retreat. - March 17 – March 19th 2023, North Norfolk

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Healing Weekends offer a supportive, confidential and non-judgmental environment where women and men can express and reconcile painful post-abortion emotions to begin the process of healing. Do email so that we can correspond or arrange a time to chat. East England contact: sona@rachelsvineyard.org.uk. Further info about RV: <https://www.rachelsvineyard.org.uk>