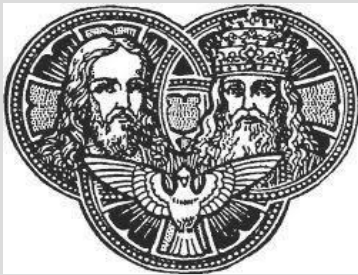


Catholic Parish of the
Most Holy
Trinity



Church of St Henry Morse

Shelfanger Road, Diss,
Norfolk IP22 4DX

Tel: 01379 642914

www.sthenrymorse.com

Charity No. 278742

Parish Priest
Fr. Alex Anaman

Email: alex.anaman@rcdea.org.uk

Deacon Patrick Limacher
Deacon David Croucher

Parish Office & Newsletter:

office@holytrinitydiss.plus.com

Parish Treasurer:

finance@holytrinitydiss.plus.com

**Our Lady of Mount Carmel
Carmelite Monastery,**

Quidenham,
Norfolk NR16 2PH

Tel: 01953 887202

www.quidenhamcarmel.org.uk

Carmel Chaplain
Fr. Stephen Blair

01953 716060

Parish Diary 11th – 19th March 2023

Date	Solemnity/Feast	Place, Time, Event	Mass Intentions/Notes
		QC - Quidenham, Carmel HM - Henry Morse, Diss	
Sat 11th		QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the Parish
3rd WEEK OF LENT (Year A)			
Psalm Response: O that today you would listen to his voice: ‘Harden not your hearts.’ Gospel Acclamation: Glory to you, O Christ, you are the Word of God! Eucharistic Prayer: 2			
Sun 12th	3rd SUNDAY OF LENT	HM 1000 Mass QC 1030 Mass	For the intentions of Mr & Mrs Redgrave Get together and games afternoon 2.30-4.30. Everyone welcome.
Mon 13th		QC 0800 Mass	
Tue 14th		QC 0800 Mass	Mass for our Deanery at St Edmunds church IP33 1QG. Confession from 6pm and Mass will begin at 7pm followed by refreshments.
Wed 15th		QC 0800 Mass HM 0930 Mass	William and Eloho Joseph, in thanksgiving
Thurs 16th		QC 0800 Mass	
Fri 17th	ST PATRICK B Patron of Ireland. Feast.	QC 0800 Mass HM 0930 Mass HM 1800 Stations of the Cross HM 18.30 Mass	Lent Lunch at URC and Methodist Church, 12.30pm-1.30pm
Sat 18th		QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the Parish Private Mass Intention
Sun 19th	4th SUNDAY OF LENT Mission Appeal	HM 1000 Mass QC 1030 Mass	Augustina Pavid RIP

Please pray for the house-bound and sick: Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Peter Hinchey, Pat Kelly, Harold Prendergast, Cyril Bond, Kevin Preston, Ursula Halton, Kathleen Langton, John Pitt, June Cary, Beryl Morrison, Jeremy Power, John Kilgannon, Ockie Bruning, Yvonne Mitchell, David Williams, Linus Halton and David Nash.

We pray for the souls of those whose anniversaries occur in March: William F.A. GRIMWOOD, Clare WERNER, Odette Susanne LANE, Ursula FARRELL, Pamela G WILLIAMS-MEYRICK, Anthony GADSBY, Maria CAMPION, Doris Gertrude CLEWLEY, Helen Mary GRACE, Michael HENIGHAN, Florence A.C. ROBINS, Margaret Janet TOGHILL, Joseph Willy MAUNICK, Kathleen Peggy BENTIN, Henry Edward HORROCKS, Andrew Francis RAE, Joseph Henry WARE, Gerald B.J. MOYNIHAN, Miriam Joan JONES, Jennifer JOSLIN, Noel John WHITE, Dorothy Rosslyn GIBBS, Frederick SLOAN, Ronald John Charles DAMANT, Kenneth Paul DEIGHTON, Sheila Ethel KELLY, Dennis CARNELLEY, Mary Jane COLLINS, Connie Mary THAXTER, Michael Stephen BENNETT. **May they Rest in Peace.**

Parish News

A warm welcome to everyone. Coffee and tea are served after the 10.00am Mass on Sundays and the 09.30 Mass on Wednesdays; all are invited to join us. Father Alex offers a warm welcome to anyone who is visiting the parish this week.

Newsletter- information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available) and/or posted to the Parish Website. Information may be left in the office or emailed to office@holyltrinitydiss.plus.com

FOODBANK - URGENTLY NEEDED FOOD ITEMS – rice pudding, tinned fruit, UHT milk, sugar, custard, biscuits, instant mash, long life fruit juice, sponge puddings, tinned potatoes, rice, jam/spreads.

Season of Lent: The season of Lent a 40-day observance (not counting Sundays), is a period of intensified prayer and penance preparing us for the celebration of Easter. Prayer and penance are essential weapons we must use in our battle against Satan, our fallen human nature and the spirit of worldliness that pervades our society. Ash Wednesday starts Lent with a day of remembering our humanity, the reality of death, and the need for repentance. **Fr Alex**

Clergy Thoughts: "As we move through Lent, we follow Jesus' journey towards Jerusalem and His impending Passion on the Cross. At the same time as being on that road, where we know the outcome, let us remember those young men with Our Lord who could not comprehend His message fully. Are we, then, more like those who moaned and challenged poor Moses back at Meribah, OR do we have total trust that Our Lord will lead us each out of our personal deserts of life?" Lenten Blessings be with you all: **Rev Deacon David.**

Fr. Alex is leading a pilgrimage to the Holy Land, leaving on Thursday 16th March 2023. If any parishioner would like to send a petition with Fr. Alex, it can be given to him or left in the sacristy.

Mission Appeal: Fr Tom Ryan from Missionary Society of St. Columban will be here to celebrate and preach on Mission and make Appeal on 18th/19th March, 2023.

The following funds were received in February. Many thanks for your generosity.

Offertory	£	Second Collections		£
Quidenham (Cash)	449.59	Quidenham	Racial Justice	59.45
St Henry Morse (Cash)	693.82	St Henry Morse	Earthquake Appeal	618.00
Standing Orders	1,716.33			

Lent Lunch: URC and Methodist Church: Joint Lent Lunch Friday 17th March, 12.30pm-1.30pm

CAFOD Family Fast Day – Lent Appeal

This Lent, your donations to CAFOD's Family Fast Day Appeal will help families fighting the climate crisis and ensure that our Church network can quickly respond to emergencies, like the recent earthquake in Syria and Turkey. Give today using the envelope or at cafod.org.uk/give and please join us in praying for CAFOD's development and emergency response work all over the world.

Parish Social Activities: Get Together & Games Afternoon. Sunday 12 March 2.30 - 4.30.

Come along for a chat and a cuppa... Board games will be provided for those who want to play. Families very welcome although this event is not specifically aimed at children.

If you have any suggestions for parish activities, please let us know. Or come along to the next social planning meeting at church on Thursday 13 April at 7.00 pm. **Thank you.**

The National Novena to St Joseph will take place from 11th-19th March 2023 at St Joseph's Church in Maidenhead. If you are able to attend **Masses are on Saturday (11th & 18th) at 10am; Sunday (12th & 19th) at 11am; Monday-Friday (13th-17th) at 7.30pm.** Or on Zoom via Mill Hill website: www.millhillmissionaries.com/novena. Or send request by email novenamhm@gmail.com or telephone 01628-673178

INVITING YOUNG ADULTS TO "TRANSFORM FOR HOLY WEEK" MARCH 31ST – 2ND APRIL

A special weekend for young people age 16+ to go deeper in their faith and help prepare for Holy Week and Easter. The weekend will be a time to retreat from the busyness of life and include talks, music and prayer. Come for a day or the whole weekend. Held at Clare Priory in Suffolk. For more information, please see www.transform4.co.uk [1]

Healing After Abortion - Rachel's Vineyard weekend retreat. - March 17 – March 19th, 2023, North Norfolk

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Healing Weekends offer a supportive, confidential and non-judgmental environment where women and men can express and reconcile painful post-abortive emotions to begin the process of healing. Do email so that we can correspond or arrange a time to chat. East England contact: sona@rachelvineyard.org.uk. Further info about RV: <https://www.rachelvineyard.org.uk>

There is a problem with the Church office email account. Until further notice emails may be sent to: willows.cranley@gmail.com