

Catholic Parish of the
Most Holy
Trinity



Church of St Henry Morse

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**Our Lady of Mount Carmel
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Fr. Stephen Blair

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Parish Diary 18th – 26th March 2023

Date	Solemnity/Feast	Place, Time, Event	Mass Intentions/Notes
		QC - Quidenham, Carmel HM - Henry Morse, Diss	
Sat 18th	Mission Appeal - Second Collection after mass	QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the Parish Private Mass Intention Appeal from Fr Tom Ryan from Missionary Society
4th WEEK OF LENT (Year A)			
Psalm Response:		The Lord is my shepherd; there is nothing I shall want.	
Gospel Acclamation:		Glory to you, O Christ, you are the Word of God!	
Eucharistic Prayer:		3	
Sun 19th	4th SUNDAY OF LENT Mission Appeal - Second Collection after mass	HM 1000 Mass QC 1030 Mass	Augustina Pavid RIP Appeal from Fr Tom Ryan from Missionary Society
Mon 20th	ST JOSEPH, SPOUSE OF THE BVM. SOLEMNITY	QC 0800 Mass	
Tue 21st		QC 0800 Mass	
Wed 22nd		QC 0800 Mass HM 0930 Mass	For the soul of Brian Grant RIP
Thurs 23rd		QC 0800 Mass	Reflections Evening @ 7pm with Dcn David
Fri 24th		QC 0800 Mass HM 0930 Mass HM 1800 Stations of the Cross HM 18.30 Mass	
Sat 25th	THE ANNUNCIATION OF THE LORD. SOLEMNITY	QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the intentions of Mr & Mrs Redgrave For the Parish
Sun 26th	5th SUNDAY OF LENT	HM 1000 Mass QC 1030 Mass	For the intentions of Mr & Mrs Redgrave

Please pray for the house-bound and sick: Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Peter Hinchey, Pat Kelly, Harold Prendergast, Cyril Bond, Kevin Preston, Ursula Halton, Kathleen Langton, John Pitt, June Cary, Beryl Morrison, Jeremy Power, John Kilgannon, Ockie Bruning, Yvonne Mitchell, David Williams, Linus Halton and David Nash.

We pray for the souls of those whose anniversaries occur in March: William F.A. GRIMWOOD, Clare WERNER, Odette Susanne LANE, Ursula FARRELL, Pamela G WILLIAMS-MEYRICK, Anthony GADSBY, Maria CAMPION, Doris Gertrude CLEWLEY, Helen Mary GRACE, Michael HENIGHAN, Florence A.C. ROBINS, Margaret Janet TOGHILL, Joseph Willy MAUNICK, Kathleen Peggy BENTIN, Henry Edward HORROCKS, Andrew Francis RAE, Joseph Henry WARE, Gerald B.J. MOYNIHAN, Miriam Joan JONES, Jennifer JOSLIN, Noel John WHITE, Dorothy Rosslyn GIBBS, Frederick SLOAN, Ronald John Charles DAMANT, Kenneth Paul DEIGHTON, Sheila Ethel KELLY, Dennis CARNELLEY, Mary Jane COLLINS, Connie Mary THAXTER, Michael Stephen BENNETT. **May they Rest in Peace.**

A warm welcome to everyone. Coffee and tea are served after the 10.00am Mass on Sundays and the 09.30 Mass on Wednesdays; all are invited to join us. Father Alex offers a warm welcome to anyone who is visiting the parish this week.

Newsletter- information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available) and/or posted to the Parish Website. Information may be left in the office or emailed to office@holyltrinitydiss.plus.com

FOODBANK - URGENTLY NEEDED FOOD ITEMS – tinned tomatoes - whole, chopped, plum or cherry (it doesn't matter). Also rice pudding, tinned fruit, UHT milk, sugar, custard, biscuits, instant mash, long life fruit juice, sponge puddings, tinned potatoes, rice, jam/spreads.

Season of Lent: The season of Lent a 40-day observance (not counting Sundays), is a period of intensified prayer and penance preparing us for the celebration of Easter. Prayer and penance are essential weapons we must use in our battle against Satan, our fallen human nature and the spirit of worldliness that pervades our society. Ash Wednesday starts Lent with a day of remembering our humanity, the reality of death, and the need for repentance. **Fr Alex**

Clergy Thoughts: Theme: Jesus, Our Light and our Shepherd

In this 4th Sunday of Lent called "Laetare (Rejoice)" Sunday, the Universal Church rejoices and exults and for Christ our shepherd illuminates us, and heals our blindness. The Son of Man has come into the world to rescue us from darkness, accompanies us in this life as our Light and Shepherd and leads us to the splendour of the faith. Whoever believes and accepts this illumination into his life is like one whose eyes were opened. This is because, human beings were born blind, in darkness. However, the good news is that Christ liberates and heals our spiritual blindness. Amen! **Fr. Alex**

Mission Appeal: Fr Tom Ryan from Missionary Society of St. Columban will be here to celebrate and preach on Mission and make Appeal on 18th/19th March, 2023.

CAFOD Family Fast Day – Lent Appeal

This Lent, your donations to CAFOD's Family Fast Day Appeal will help families fighting the climate crisis and ensure that our Church network can quickly respond to emergencies, like the recent earthquake in Syria and Turkey. Give today using the envelope or at cafod.org.uk/give and please join us in praying for CAFOD's development and emergency response work all over the world.

Parish Social Activities: If you have any suggestions for parish activities, please let us know. Or come along to the next social planning meeting at church on Thursday 13 April at 7.00 pm. **Thank you.**

The National Novena to St Joseph will take place from 11th-19th March 2023 at St Joseph's Church in Maidenhead. If you are able to attend **Masses are on Saturday (11th & 18th) at 10am; Sunday (12th & 19th) at 11am; Monday-Friday (13th-17th) at 7.30pm.** Or on Zoom via Mill Hill website: www.millhillmissionaries.com/novena. Or send request by email novenamhm@gmail.com or telephone 01628-673178

INVITING YOUNG ADULTS TO "TRANSFORM FOR HOLY WEEK" MARCH 31ST – 2ND APRIL

A special weekend for young people age 16+ to go deeper in their faith and help prepare for Holy Week and Easter. The weekend will be a time to retreat from the busyness of life and include talks, music and prayer. Come for a day or the whole weekend. Held at Clare Priory in Suffolk. For more information, please see www.transform4.co.uk [1]

Healing After Abortion - Rachel's Vineyard weekend retreat. - March 17 – March 19th, 2023, North Norfolk

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Healing Weekends offer a supportive, confidential and non-judgmental environment where women and men can express and reconcile painful post-abortive emotions to begin the process of healing. Do email so that we can correspond or arrange a time to chat. East England contact: sona@rachelvineyard.org.uk. Further info about RV: <https://www.rachelvineyard.org.uk>

The Church office email account is receiving emails – please continue to use office@holyltrinitydiss.plus.com for any email correspondence.

Inviting ALL young people in Year 8 upwards to the Ignite Festival April 29th – 30th and Pilgrimage Walk to Walsingham May 1st -_Come and experience your faith in a new and dynamic way at the Ignite Festival. The weekend will include inspiring talks, passionate prayer, live music, and lots of fun stuff! Followed by a pilgrimage walk to Walsingham on Bank Holiday Monday, joining with the Diocesan Pilgrimage. See www.ignitefestival.co.uk for more information.

The Norfolk Home Library Service delivers books and other media free of charge to people unable to get to their local library.

The service is open to all ages and includes those who may be housebound, living in long-term care, with vulnerabilities or mobility issues, and carers. To sign up, please contact the Norfolk Library and Information Service on 01603 774777 (Option 1) or email libraries@norfolk.gov.uk. Interested in volunteering? Visit royalvoluntaryservice.org.uk, call 0103 397 998 or email norfolkhl@royalvoluntaryservice.org.uk