Mass Days and Times

Saturday 10am and 6pm Sunday 10am 9.30am on Wednesdays and Fridays.

Confessions will be 10.45am on Saturdays. T **The Rosary Group** meets each Saturday at 9.30am.

Holidays of Obligations are usually held at 10 am on the day of the solemnity.

Blessing for items/articles - If you would like a blessing given for your home, car or other articles, please speak to Fr. Alex. **Volunteering**

We are looking for someone to be in charge of our Parish Library and Religious Articles in the Community Room. If you are interested in volunteering, please speak to Fr Alex.

There are always opportunities to volunteer within our Church Community. If you would like to become a **READER**,

SACRISTAN, WELCOMER, or to assist with the FOOD BANK, the CLEANING or the PARISH LIBRARY please speak with Fr. Alex or contact the office.

As always, thank you to everyone who volunteers to help our Church Community.

Newsletter- information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available) and/or posted to the Parish Website. Information may be left in the office or emailed to office@holytrinitydiss.plus.com

FOODBANK - URGENTLY NEEDED FOOD ITEMS – tinned tomatoes - whole, chopped, plum or cherry (it doesn't matter), rice pudding, tinned fruit, UHT milk, sugar, custard, biscuits, instant mash, long life fruit juice, sponge puddings, tinned potatoes, rice, jam/spreads.

Lent Lunches:

St Henry Morse RC Church:

Lent Lunch Friday 10th March, 12.30-1.30pm

URC and Methodist Church:

Joint Lent Lunch Friday 17th March, 12.30pm-1.30pm

CAFOD Family Fast Day – Lent Appeal

This Lent, your donations to CAFOD's Family Fast Day Appeal will help families fighting the climate crisis and ensure that our Church network can quickly respond to emergencies, like the recent earthquake in Syria and Turkey. Give today using the

envelope or at cafod.org.uk/give and please join us in praying for CAFOD's development and emergency response work all over the world.

Parish Social Activities:

If you have any suggestions for parish activities, please let us know. Or come along to the next social planning meeting at church on Thursday 13 April at 7.00 pm. **Thank you.**

The National Novena to St Joseph will take place from 11th-19th March 2023 at St Joseph's Church in Maidenhead. If you are able to attend Masses are on Saturday (11th & 18th) at 10am; Sunday (12th & 19th) at 11am; Monday-Friday (13th-17th) at 7.30pm. Or on Zoom via Mill Hill website: www.millhillmissionaries.com/novena. Or send request by email novenamhm@gmail.com or telephone 01628-673178

INVITING YOUNG ADULTS TO "TRANSFORM FOR HOLY WEEK" MARCH 31ST – 2ND APRIL

A special weekend for young people age 16+ to go deeper in their faith and help prepare for Holy Week and Easter. The weekend will be a time to retreat from the busyness of life and include talks, music and prayer. Come for a day or the whole weekend. Held at Clare Priory in Suffolk. For more information, please see www.transform4.co.uk [1]

Healing After Abortion - Rachel's Vineyard weekend retreat. - March 17 – March 19th, 2023, North Norfolk Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Healing Weekends offer a supportive, confidential and non-judgmental environment where women and men can express and reconcile painful post-abortive emotions to begin the process of healing. Do email so that we can correspond or arrange a time to chat. East England contact: sona@rachelsvineyard.org.uk . Further info about RV: https://www.rachelsvineyard.org.uk

Inviting ALL young people in Year 8 upwards to the Ignite

Festival April 29th – 30th and Pilgrimage Walk to Walsingham

May 1st - Come and experience your faith in a new and
dynamic way at the Ignite Festival. The weekend will include
inspiring talks, passionate prayer, live music, and lots of fun
stuff! Followed by a pilgrimage walk to Walsingham on Bank
Holiday Monday, joining with the Diocesan Pilgrimage. See
www.ignitefestival.co.uk for more information.

COULD YOUR NEW YEAR'S RESOLUTION BE TO HELP BUILD A
BETTER WORLD THROUGH VOLUNTEERING? CAFOD, the
Catholic Agency for Overseas Development, are looking for
people to give some time and join them in their mission. Could
you help develop our work in parishes or Catholic schools? Or
raise a voice and campaign for justice throughout the diocese?
Training and support are provided.

See cafod.org.uk/Volunteer [1] for more information or get in touch with jcrone@cafod.org.uk.

The Norfolk Home Library Service delivers books and other media free of charge to people unable to get to their local library. The service is open to all ages and includes those who may be housebound, living in long-term care, with vulnerabilities or mobility issues, and carers. To sign up, please contact the Norfolk Library and Information Service on 01603 774777 (Option 1) or email libraries@norfolk.gov.uk. Interested in volunteering? Visit royalvoluntaryservice.org.uk, call 0103 397 998 or email norfolkhls@royalvoluntaryservice.org.uk

The Universe Catholic Weekly Is true to its mission of being "a light to guide the world, and a mirror to reflect it," keeping Catholics informed about their faith, and bringing them ever closer to God. In order to keep our high standard going and maintain a strong weekly Catholic voice at a time when it is much needed in the world, please consider taking out a subscription. We have an excellent website full of trustworthy articles and an online shop with all subscribers receiving a 10% discount. Order your Digital 4 weeks FREE introductory offer by calling Michelle on 0743 661 7650 or email: michelle.jones@universecatholicweekly.co.uk.

The Tuesday Club is held on the third Tuesday of each month. We meet at **7 pm in the evening** and have planned activities throughout the year. Some activities are in the community room and others will be local to Diss. We will always aim to help with transport between ourselves. Everyone is very welcome.

Norfolk Churches Trust Sponsored Bike Ride and Walk 2022 - the 40th Anniversary Bike Ride will take place on Saturday 9th September 2023.

Special Mass Intentions — envelopes are available in the Community Room for your Mass Intentions. If it is difficult for you to come to Church to pick up an envelope you may email a request for a Mass Intention to the office. Please ensure to include the following information; your name and phone number, the name for whom the Intention Mass is for, RIP or other reason, your preferred date if you have one. If the date requested is unavailable you'll receive a telephone call so that an alternative date can be agreed. Your donation may be posted (cheque), given to Fr. Alex or left in the office when you come to Church — please place any donation in an envelope and include the name for whom the Mass is to be said. Email: office@holytrinitydiss.plus.com