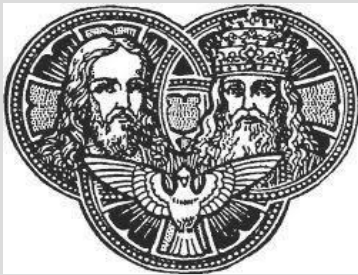


Catholic Parish of the
Most Holy
Trinity



Church of St Henry Morse

Shelfanger Road, Diss,
Norfolk IP22 4DX

Tel: 01379 642914

www.sthenrymorse.com

Charity No. 278742

Parish Priest
Fr. Alex Anaman

Email: alex.anaman@rcdea.org.uk

Deacon Patrick Limacher
Deacon David Croucher

Parish Office & Newsletter:
office@holytrinitydiss.plus.com

Parish Treasurer:
finance@holytrinitydiss.plus.com

- - - - -

**Our Lady of Mount Carmel
Carmelite Monastery,**

Quidenham,
Norfolk NR16 2PH

Tel: 01953 887202

www.quidenhamcarmel.org.uk

Carmel Chaplain
Fr. Stephen Blair

01953 716060

Parish Diary 18th – 26th February 2023

Date	Solemnity/Feast	Place, Time, Event	Mass Intentions/Notes
		QC - Quidenham, Carmel HM - Henry Morse, Diss	
Sat 18th	There will be a special second collection for Turkey/Syria following the devastating earthquakes	QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the Parish
7th WEEK OF THE YEAR (Year A)			
Psalm Response:		The Lord is compassion and love.	
Gospel Acclamation:		If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.	
Eucharistic Prayer:		3	
Sun 19th	7th SUNDAY IN ORDINARY TIME Today is a Day of Prayer for the Unemployed There will be a special second collection today for Turkey/Syria following the devastating earthquakes	HM 1000 Mass QC 1030 Mass	Kathleen Langton's Intentions
Mon 20th		QC 0800 Mass	
Tue 21st	SHROVE TUESDAY	QC 0800 Mass	Tuesday Club meets at 7pm in the Community Room
Wed 22nd	ASH WEDNESDAY	QC 0800 Mass HM 1000 Mass HM 1800 Mass	
Thurs 23rd		QC 0800 Mass	
Fri 24th		QC 0800 Mass HM 0930 Mass	
Sat 25th		QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	HM 1045 Confession For the Parish
Sun 26th	1st SUNDAY OF LENT	HM 1000 Mass QC 1030 Mass	Peter Meredith who is in hospital

Please pray for the house-bound and sick: Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Peter Hinchey, Pat Kelly, Harold Prendergast, Cyril Bond, Kevin Preston, Ursula Halton, Kathleen Langton, John Pitt, June Cary, Beryl Morrison, Jeremy Power, John Kilgannon, Ockie Bruning, Yvonne Mitchell, David Williams, Linus Halton and David Nash.

We pray for the souls of those whose anniversaries occur in February: Eileen RUTTER, Pasquale MONTAGNER, Alan COTTINGTON, Clotilde Margaret GRISEWOOD, Betty CHAMBERS, Alexander GEISLER, Nora Agnes KEANE, Jack GIBBS, Eleanor YOUNG, Isobel Mary ANDERSON, Gregory Paul BAKER, Eric Ivan BAILEY, Rosetta CATALANO, Patricia R.B. CHAMBERS, Patricia SPARROW, William KEANE, Thomas JONES, Maureen HAWKINS, Kitty anme (Nan) MacQUEEN, Amy Charlotte CANSDELL, Mary Anne FARRELL, Margaret Mary ALDEN, Alison Barbara DRISCOLL, Joseph KEENE, Margaret McCORMACK, Jean Rhall Doreen MYRNASZIEWICZ, James Mc QUADE, Albert Henry COLLIN, Mary Kathleen CHAPMAN, Irma Ida MONTAGNER, Marion Helen GEISLER. **May they Rest in Peace.**

Parish News

A warm welcome to everyone. Coffee and tea are served after the 10.00am Mass on Sundays and the 09.30 Mass on Wednesdays; all are invited to join us. Father Alex offers a warm welcome to anyone who is visiting the parish this week.

Newsletter- information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available) and/or posted to the Parish Website. Information may be left in the office or emailed to office@holyltrinitydiss.plus.com

We are looking for someone to oversee our Parish Library and Religious Articles in the Community Room. If you are interested in volunteering, please speak to Fr Alex.

FOODBANK - URGENTLY NEEDED FOOD ITEMS – rice pudding, tinned fruit, UHT milk, sugar, custard, biscuits, instant mash, long life fruit juice, sponge puddings, tinned potatoes, rice, jam/spreads.

Seasons of Ordinary Time: Ordinary Time refers to all of those parts of the Catholic Church's liturgical year that aren't included in the major seasons of Advent, Christmas, Lent, and Easter. Ordinary Time thus encompasses two different periods in the Church's calendar. Ordinary Time is called "ordinary" not because it is common but simply because the weeks of Ordinary Time are numbered. The Latin word *ordinalis*, which refers to numbers in a series. Thus for Catholics, Ordinary Time is the part of the year in which Christ, the Lamb of God, walks among us and transforms our lives. Fr Alex

Clergy Thoughts: "I hope that you hear the words of the "Collect" as The Liturgy of The Word commences this weekend - "Grant, we pray, Almighty God that, always pondering spiritual things, we may carry out in both word and deed that which is pleasing to you." We reflect too on the tragic loss of life and homes in Turkey and Syria, and offer both our prayers and our support. **Rev Dcn David.**

Offertory figures for January 2023	Loose Plate	Standing Orders	Second Collections: Crib
Quidenham	£445.40		
St Henry Morse	£750.26	£1,816.33	£47.20
A special thank you to our "Bee Buddies" for their donation of £150			

If you would like to receive the **CAFOD daily Lent reflections** straight to your inbox you can sign up using this link: <https://cafod.org.uk/pray/lent-calendar>

Everyone is welcome to this year's World Day of Prayer which will be held at The Salvation Army, after the Lenten Lunch, on Friday 3rd March. Why not come along to support the Lenten Lunch and, if you have not been to a World Day of Prayer - now in its 40th year, stay for the service? This year's service has been prepared by the Christian women of Taiwan. Tea and cakes will be served afterwards. Contact Gina Peliti on pelitig@gmail.com

Following the recent **devastating earthquakes affecting Turkey and Syria**, CAFOD has released £100,000 of emergency relief funding. It has also launched an **appeal and you can donate here:** <https://cafod.org.uk/>

Parish Social Activities: If you have any suggestions for parish activities, please let us know. Or come along to the next social planning meeting at church on Thursday 13 April at 7.00 pm. **Thank you.**

Retrouvaille is a programme for couples who are having difficulties in their marriages. **The next face to face Retrouvaille programme is the weekend 24-26 February 2023 in Welwyn Garden City.** Retrouvaille would really value your help in bringing these programmes to the attention of the people of your parish. Further information is available via the Retrouvaille website: www.retrouvaille.org.uk

Inviting all young people in Year 9 and above to 'Flame' at Wembley Arena

The Diocesan Youth Service is excited to be taking a group to 'Flame' on March 4th. Flame is the largest catholic gathering of young people in the UK, coming together to experience the best in international speakers, artists and performers. For details and to book a ticket and place on the coach, please see www.rcdea.org.uk/youth. Bookings must be received by 12th February.

Healing After Abortion - Rachel's Vineyard weekend retreat. - March 17 – March 19th, 2023, North Norfolk

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Healing Weekends offer a supportive, confidential and non-judgmental environment where women and men can express and reconcile painful post-abortive emotions to begin the process of healing. Do email so that we can correspond or arrange a time to chat. East England contact: sona@rachelsvineyard.org.uk. Further info about RV: <https://www.rachelsvineyard.org.uk>

Norfolk Churches Trust Sponsored Bike Ride and Walk 2022 had another very successful year raising an amazing sum of £133,285 with 640 participants taking part. St Henry Morse has received a half-share of the sponsorship monies raised by the parish, in the sum of £148.44. Our huge thanks to Maggie Nytk for always championing this event. **The 40th Anniversary Bike Ride will take place on Saturday 9th September 2023.**

COULD YOUR NEW YEAR'S RESOLUTION BE TO HELP BUILD A BETTER WORLD THROUGH VOLUNTEERING? CAFOD, the Catholic Agency for Overseas Development, are looking for people to give some time and join them in their mission. Could you help develop our work in parishes or Catholic schools? Or raise a voice and campaign for justice throughout the diocese? Training and support are provided. See cafod.org.uk/Volunteer [1] for more information or get in touch with jcrone@cafod.org.uk.