

NEWS AND EVENTS

Masses Days and Times

Saturday 10am and 6pm

Sunday 10am

9.30am on Wednesdays and Fridays.

Confessions will be 10.45am on Saturdays. T

The Rosary Group meets each Saturday at 9.30am.

Blessing for items/articles - If you would like a blessing given for your home, car or other articles, please speak to Fr. Alex.

Volunteering

We are looking for someone to be in charge of our Parish Library and Religious Articles in the Community Room. If you are interested in volunteering, please speak to Fr Alex.

There are always opportunities to volunteer within our Church Community. If you would like to become a **READER, SACRISTAN, WELCOMER, or to assist with the FOOD BANK, the CLEANING or the PARISH LIBRARY** please speak with Fr. Alex or contact the office.

As always, thank you to everyone who volunteers to help our Church Community.

Parish Social Events

Wednesday 7 December at 7.30: Waveney Choir Christmas Concert. Christmas music for all the family, followed by mince pies and mulled wine. The Waveney Choir has about 60 singers. The concert (about one hour) will include some well-known carols and other seasonal songs. There are no tickets for this event but please sign the list in the Community Room so we have an idea of numbers for planning. There is no charge, but we will have a collection on the night for the Waveney Food Bank.

8 Day Pilgrimage to the Holy Land 2023 = 16th-23rd March

For any of our parishioners who are interested, further details can be had by phoning Margaret Donnelly. Tel 01953 861479

World Youth Sunday – November 20th 2022.

As well as the diocese taking a group to the International World Youth Day in Portugal next summer, World Youth Sunday, is when the global church recognises and celebrate young people. The Diocesan Youth Service is holding a special event at St. John's Cathedral, Norwich. Everyone of secondary school age and upwards is welcome! Amongst other activities, there will be live music, inspiring talks and good food! See www.rcdea.org/youth.uk for more details.

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Could you be a Foundation Governor in one of our Catholic Schools? The Diocese of East Anglia is responsible for 26 schools across the diocese. They all need foundation governors to provide support and challenge and oversight of the work of the school. We need more practising Catholics to put themselves forward to serve as foundation governors. If this is something you feel you might be able to contribute to (and full training and support will be provided) we would love to hear from you. Please contact me, Andy Stone, Director of Schools' Service by email andy.stone@rcdea.org.uk or by phone on 07500701977 if this could be something of interest to you.

'Renovation of Mission House in Ghana: Fr Alex will be going to Ghana to see what work is being planned to renovate the Mission House and how much it will cost. He plans to go on 22nd November. So far approx. £1900 has been generously donated by our parishioners. There are still some special envelopes available for anyone who wishes to add further to the money that has been raised. Thank you.'

Healing After Abortion - Rachel's Vineyard weekend retreat. - March 17 – March 19th 2023, North Norfolk
Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Healing Weekends offer a supportive, confidential and non-judgmental environment where women and men can express and reconcile painful post-

abortive emotions to begin the process of healing. Do email so that we can correspond or arrange a time to chat. East England contact: sona@rachelsvineyard.org.uk . Further info about RV: <https://www.rachelsvineyard.org.uk>

'100 Club Draw: There are 3 months outstanding for the 100 Club left from 2020. These will be drawn after 10am Mass on Sunday 13th, 20th, and 27th November now that we have just one Mass and many more people are attending. You will be contacted if you are a winner and are not at Mass when the draw takes place.'

WAVENEY VALLEY FOOD BANK - ITEMS URGENTLY NEEDED:

- **Rice pudding, Tinned fruit, UHT milk, Sugar, Custard, Biscuits, Instant Mash, Long Life Fruit Juice, Sponge Puddings, Tinned potatoes, Rice, Jam/Spreads**

Catholic Social Action Network - Advice on how you can help people caught up in the war in Ukraine is available from the Catholic Social Action Network at <https://www.csan.org.uk/ukraine/>

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The Tuesday Club is held on the **third Tuesday of each month** .

We meet at **7 pm in the evening** and have planned activities throughout the year . Some activities are in the community room and others will be local to Diss. We will always aim to help with transport between ourselves . Everyone is very welcome .

some historic breakthroughs such as debt relief for struggling countries, action by government on climate change and large companies signing up to ethical agreements. Thank you for joining us in this work. Do have a look at our current campaign which is about food cafod.org.uk/food [2] and help make the world a better place for all. JANE CRONE

WILL YOU TAKE THE FIRST STEP?

CAFOD's Gap year programme, Step into the Gap is a great opportunity for Young Adults aged between 18-30 to develop leadership skills, put their faith into action and meet new people. Based in the UK in a re-treat centre or Catholic Secondary school with accommodation, travel and stipend included. Open to UK applicants who have the right to live and work in the UK only. Take the first step and find out more information and how to apply for SEPTEMBER 2022 go to Step into the Gap| Volunteer for your gap year | CAFOD [1]

DID YOU KNOW?

CAFOD is the official overseas aid agency of the Catholic Church in England and Wales. We work with some of the most hard-to-reach communities around the world and those living in the hardest of circumstances. We believe in tackling the root causes of poverty and this is why we ask our supporters to take part in our campaigns which address poverty and injustice head-on. We encourage people to sign petitions, meet their MPs and contact big businesses etc. Together we've witnessed

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UNIVERSE CATHOLIC WEEKLY



New Christmas Arrivals

Nativity Sets, Catholic Christmas Cards & Advent Calendars

As a subscriber to the digital Universe Catholic Weekly Newspaper, you get 10% discount in our shop (excluding subscriptions & delivery charges).

Christmas stock now in, with new stock being added weekly!

Use code **SUB10** to get 10% at checkout
Explore the full range [here!](#)

Message from Universe Catholic Weekly

(www.universecatholicweekly.co.uk)

The Universe Catholic Weekly is thrilled to announce that we have launched our new online newspaper with the full support of our first subscriber none other than His Eminence Cardinal Vincent Nichols. Order **your Digital** 4 weeks **FREE** trial supply by calling Michelle on 0743 661 7650 or email: michelle.jones@universecatholicweekly.co.uk

We are happy to let you know that despite inflation rising to 10.1%

that the **Universe Catholic Weekly** subscription will remain at the current price of £20 for 3 months or £80 for the year.

We **guarantee** that there will be no increase at all until the end of this year.

Newsletter – information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available), and/or posted to the Parish Website. Information may be left in the office or emailed to office@holytrinitydiss.plus.com.

To shop Christmas items visit:

<https://universecatholicweekly.co.uk/>

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Special Mass Intentions – envelopes are available in the Community Room for your Mass Intentions. If it is difficult for you to come to Church to pick up an envelope you may email a request for a Mass Intention to the office. Please ensure to include the following information; **your name and phone number, the name for whom the Intention Mass is for, RIP or other reason, your preferred date if you have one.** If the date requested is unavailable you'll receive a telephone call so that an alternative date can be agreed. Your donation may be posted (cheque), given to Fr. Alex or left in the office when you come to Church – please place any donation in an envelope and include the name for whom the Mass is to be said. Email: office@holytrinitydiss.plus.com

More news and interesting articles can be found on the diocese website: rcdea.org.uk