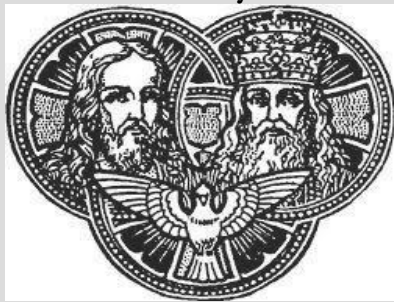


Catholic Parish of the
Most Holy
Trinity



Church of St Henry Morse

Shelfanger Road, Diss,
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www.sthenrymorse.com

Charity No. 278742

Parish Priest
Fr. Alex Anaman

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Deacon Patrick Limacher
Deacon David Croucher

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Parish Treasurer:
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**Our Lady of Mount Carmel
Carmelite Monastery,**

Quidenham,
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Carmel Chaplain
Fr. Stephen Blair

01953 716060

Parish Diary 27th January – 4th February 2024

Date	Solemnity/Feast	Place, Time, Event	Mass Intentions/Notes
		QC-Quidenham, Carmel HM - Henry Morse, Diss	
Sat 27 th		QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	Special Intention Redgrave Family Kevin Ryan RIP
4th WEEK OF THE YEAR (YEAR B)			
Psalm Response:		O that today you would listen to his voice! Harden not your hearts.	
Gospel Acclamation:		Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children.	
Eucharistic Prayer:		4	
Sun 28 th	4TH SUNDAY IN ORDINARY TIME Racial Justice Day.	HM 1000 Mass QC 1030 Mass	For the Parish
Mon 29 th		QC 0800 Mass	
Tue 30 th		QC 0800 Mass HM 1900	Candle Light Service
Wed 31 st	St John Bosco P Mem.	QC 0800 Mass HM 0930 Mass HM 1000 Exposition	All Emergency Services 10am – 2pm
Thurs 1 st	Feast of St Henry Morse	QC 0800 Mass HM 1000 Mass	Followed by Refreshment & Quiz
Fri 2 nd	THE PRESENTATION OF THE LORD. Feast. Candle- mas Day.	QC 0800 Mass HM 0930	All Delivery Services
Sat 3 rd		QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Mass	Welfare of Valarie & Lisa Hyland Anthony Hyland RIP
Sun 4 th	5th SUNDAY IN ORDINARY TIME	HM 1000 Mass QC 1030 Mass	For the Parish

Please pray for the house-bound and sick: Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Peter Hinchey, Pat Kelly, Harold Prendergast, Cyril Bond, Kevin Preston, Beryl Morrison, Jeremy Power, John Kilgannon, Ockie Bruning, Yvonne Mitchell, David Williams, Linus Halton, Bert King, Barbara Sluce, David Nash, and George Ball.

We pray for the souls of those whose anniversaries occur in January: Antonina CATALANO, Tessa COOPER, Margret Anne KEENE, Barbara Annette LAST, Frederick Walter LEESEN, Kathleen Francis BARRETT, Mary Harriet MALONE, Agatha LEVACK, Harman GRISEWOOD, Eileen Mary ASKEW, Anthony FAULKNER, Mary LARCH, Margaret WARREN, Sr. Rita Maria of the Cross McCAULEY, Kate Frances MOORE-SMITH, Frances CANDERTON, Rose Mary JACKSON, Raymond LALLY, Barbara Maria GREEN, Florence HORRELL, Katherine Lily LANGER, Henri Edouard PAVID, Maureen Patricia BAILEY, Joan EASTON, John Bloomfield WILKES, Agnes GADSBY, Irene PROCTER, Stuart Eric JAMES, Kathleen BAGEN, Gladys Mildred JOHNSTON, Angelina JOHNS, Joesph BATTEY, Peter COFFEY, Kathleen PAVID. **May they Rest in Peace.**

A warm welcome to everyone. Coffee and tea are served after the 10.00am Mass on Sundays and the 09.30 Mass on Wednesdays; all are invited to join us. Father Alex offers a warm welcome to anyone who is visiting the parish this week.

Newsletter- information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available) and/or posted to the Parish Website. Information and notices should be sent to **Joseph Deepu** on email at jdeepu12@outlook.com our parishioner who now prepares the Newsletter. Kindly do copy the office with your notice to Joseph, on office@holytrinitydiss.com

The Season of Ordinary: It is the time in which we celebrate the life and teachings of Jesus Christ and what it means to be his disciple. Ordinary Time is divided into two parts. The first falls between Christmas and Lent. The second occurs between the seasons of Easter and Advent. Green is the colour used during Ordinary Time.

Please support the foodbank, soups, pasta sauce and tinned vegetables and fruits are urgently needed.

Clergy Thought: On this 4th Sunday of ordinary time, the church encourages us to listen attentively to Christ. He is our teacher, who speaks with authority. As we see in today's gospel, Jesus uses his authority to liberate people from their bondage, and to bring them the blessings of health and healing, freedom and hope. He came, as he himself states, 'to serve not to be served, and to give his life for us. By virtue of our baptism, all of us share in the authority of Jesus, in his prophetic, priestly and kingly mission, even if we may have no official leadership position in the Church. And we are empowered and summoned to use this authority to serve others in love, as Jesus did. **Fr Alex**

St. Henry Morse Feast Day

We have a varied programme of events to celebrate the Feast Day this year. They are:

Tuesday 30th January - Candlelight Service 7pm

Wednesday 31st January - Mass 9.30 followed by Exposition of the Blessed Sacrament from 10.00 - 2.00pm

Thursday 1st February - Feast Day Holy Mass 10.00 followed by refreshments and Feast Day quiz with Deacon Patrick Please add your name to the sign-up list in the community room if you will be staying for refreshments.

We hope that you will be able to join us for one, or more, of the celebrations!"

Medjugorje Pilgrimage: In May this year, there is a pilgrimage to Medjugorje. The price £799 will be discounted to just £739 for anyone booking by **31st January 2024.**

St Vincent de Paul Society: Following the pulpit appeal to form a branch in our parish last September we are now up and running with nine active members from this parish plus others expressing interest. If you or anyone you know is struggling, we would like to know before it becomes a crisis. Here are some of the ways we may be able to help: A friendly visit, transport, food, help to fill in forms, clothing, furniture/white goods and more. For an initial confidential, friendly chat call Kevin 07542 798566 or Cathy 07555 780104. Alternatively pick up a leaflet at the back of the church.

Taize Service: Today **Sunday January 28th**, Churches Together will hold a reflective Taize Service at 3.00pm in the URC Church on Mere Street. We are all welcome.

Rachel's Vineyard offers Catholic retreat weekends for those who are suffering after an abortion/s. The next retreat to be held in this Diocese will be from 8-10 March, 2024 in Suffolk. Contact Sona on sona@rachelsvineyard.org.uk For further information, you can also visit: <http://www.rachelsvineyard.org.uk>

Interested in working with children and young people? Recently left school or university and deciding what to do next? In between jobs, or would like to do something 'different'? The Diocesan Youth Service is looking for people aged 18-35 to join the Ignite Team, sharing the Gospel Message with young people. These are full-time positions initially for either 12 months (September intake) or 6 months (January intake), with training, food, accommodation and a monthly allowance provided. For more information see www.rcdea.org.uk/youth

Inviting young people (age 16 – 30) to Transform For Lent It might seem that Christmas was only yesterday but already it's not long until Lent! The Ignite Team are hosting a weekend retreat for young people at Clare Priory the weekend before Lent begins (10th – 11th February). Contemporary music, inspiring talks and passionate prayer times. For more information and to book a place see www.rcdea.org.uk/youth

ANIMA CHRISTIE - kindly return the Anima Christie prayers to the Community Room following Mass. Thank you.

