

Catholic Parish of the
Most Holy
Trinity



Church of St Henry Morse

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Charity No. 278742

Parish Priest
Fr. Alex Anaman

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**Our Lady of Mount Carmel
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Parish Diary 9th March– 17th March 2024

Date	Solemnity/Feast	Place, Time, Event	Mass Intentions/Notes
		QC-Quidenham, Carmel HM - Henry Morse, Diss	
Sat 9 th	Missionary Appeal (Mothering Sunday)	QC 0800 Mass HM 1000 Mass HM 1800 Mass	9.30 Rosary For peace healing & conversion of all na- tions For all priests & religious on earth
4th WEEK IN LENT (Year B) (Laetare Sunday)			
	Psalm Response:	O let my tongue cleave to my mouth if I remember you not!	
	Gospel Acclamation:	Glory and praise to you, O Christ! God loved the world so much that he gave His only Son; everyone who believes in Him has eternal life. Glory and praise to you, O Christ!	
	Eucharistic Prayer:	4	
Sun 10 th	4th Sunday of Lent Laetare Sunday Missionary Appeal	HM 1000 Mass QC 1030 Mass	Kathleen Pavid RIP For the Parish
Mon 11 th		QC 0800 Mass	
Tue 12 th		QC 0800 Mass	<i>All Holy Souls in Purgatory</i>
Wed 13 th		QC 0800 Mass HM 0930 Mass HM 10.00	In thanksgiving for knowing Gordon Faulk- ner Stations of the Cross
Thurs 14 th		QC 0800 Mass HM 1900	Lenten Reflection
Fri 15 th		QC 0800 Mass HM 0930 Mass HM 1800	For Audrey, Bea, and all the Murphy family's Stations of the Cross
Sat 16 th		QC 0800 Mass HM 1000 Mass HM 1800 Mass	HM 09.30 Rosary All World Youth All Doctors, medical teams, and those in the caring profession
Sun 17 th	5th Sunday of Lent (St Patrick patron of Ireland and Nigeria)	HM 1000 Mass QC 1030 Mass	Bridie and Norrie Jamieson RIP For the Parish

Please pray for the house-bound and sick: Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Peter Hinchey, Pat Kelly, Harold Prendergast, Cyril Bond, Kevin Preston, Beryl Morrison, Jeremy Power, John Kilgannon, Ockie Bruning, Yvonne Mitchell, David Williams, Linus Halton, Bert King, Barbara Sluce, David Nash, and George Ball.

We pray for the souls of those whose anniversaries occur in March: William F.A. GRIMWOOD, Clare WERNER, Odette Susanne LANE, Ursula FARRELL, Pamela G WILLIAMS-MEYRICK, Anthony GADSBY, Maria CAMPION, Doris Gertrude CLEWLEY, Helen Mary GRACE, Michael HENIGHAN, Florence A.C. ROBINS, Margaret Janet TOGHILL, Joseph Willy MAUNICK, Kathleen Peggy BENTIN, Henry Edward HORROCKS, Andrew Francis RAE, Joseph Henry WARE, Gerald B.J. MOYNIHAN, Miriam Joan JONES, Jennifer JOSLIN, Noel John WHITE, Dorothy Rosslyn GIBBS, Frederick SLOAN, Ronald John Charles DAMANT, Kenneth Paul DEIGHTON, Sheila Ethel KELLY, Dennis CARNELLEY, Mary Jane COLLINS, Connie Mary THAXTER, Michael Stephen BENNETT.

May they Rest in Peace.

A warm welcome to everyone. Coffee and tea are served after the 10.00am Mass on Sundays and the 09.30 Mass on Wednesdays; all are invited to join us. Father Alex offers a warm welcome to anyone who is visiting the parish this week.

Clergy Thought: Rejoice in the Lord! This Fourth Sunday of Lent is always about rejoicing. We rejoice because the Lord continues to call us His people and to draw us to Himself. The church encourages us to listen attentively to Christ, and pay attention only to his authentic prophets who speak for God. As we journey through Lent, let us hold fast to the promise of restoration and the gift of God's mercy, celebrating the profound love He has for each of us, manifested through the giving of His only Son. Amen! **Fr Alex**

ANIMA CHRISTIE – Please check the first page of the Hymn Book for the prayer.

Lenten/Easter Programme; Please see the notice at the back of the Church with all the details of services and activities listed for lent and Easter.

Parish Lent Reflection Evening; “Journey with the Lord in Lent” Thursday 14th March @7pm. Coffee available before we begin the evening session. The programme is approx. 30min. Finishing by 8pm. All are welcome.

Please support the foodbank, soups, pasta sauce and tinned vegetables and fruits are urgently needed.

Children’s Liturgy: Please contact Helen on 07762 823146 or email helenweber68@gmail.com. If you would like to help. Any donations of pens, paper, glue, stickers etc. would be very much appreciated.

Catholic Herald: It now comes once amount at £5, if you will like to subscribe or get a copy monthly, kindly see Fr Alex

First Holy Communion: Children’s Holy Communion classes will begin soon, to prepare the children to receive the Sacrament of the Holy Eucharist. Any parishioner, who would like for their child to be included, should complete a registration form (available at the back of the church). Those who are baptised should come with copies of their child’s baptismal cards/certificates.

THANK YOU; To everyone who helped with the Lenten Lunch and World Day of Prayer. Thanks to the soup makers, the cake makers, the table servers, the refreshment servers, those who washed and dried up, those who set up and cleared away. Thanks for volunteering and being a **great team.**

Norfolk Churches Trust: A cheque has been received for £103.03 from the trust which is half the sponsor money raised for the churches bike ride.

SVP Membership Support Officer (MSO)

The St Vincent de Paul Society is a Catholic lay organisation whose members seek out and help those in need in the community. It would like to recruit an MSO for the **East Anglia** diocese to support member recruitment and development, provide general support for members and be the link between groups and National Office.

This is a part time, home-based role (15 hours per week – 2 days equivalent) working as part of the SVP Membership Team. It would suit someone comfortable giving presentations to large audiences as well working on a personal level with individuals and small groups.

It requires the ability to travel around the diocese to make recruitment appeals, work with existing groups, attend meetings and meet with interested parties where appropriate. Having your own transport is essential. Travel expenses are paid. For further information and details how to apply contact Lance Philpott, Head of Membership at lancep@svp.org.uk. Closing date for applications is **24th March 2024**

Lay Auditor(s): The Diocesan Marriage Tribunal is seeking for volunteer(s) Lay Auditors from Diss. See Fr Alex if Interested.

Inviting young adults (age 18-30) to walk the Camino: Join Bishop Peter as he leads a walking pilgrimage to Santiago de Compestela from **21st – 29th July 2024**. For more information and to book a place, please see www.rcdea.org.uk/youth. Places are limited and bookings accepted on a first come first serves basis.

Social Events -Dates for your Diary

Fun Quiz Night with Baked Potato Supper: Friday 15th March at 7.00pm. Tickets on sale soon at £5. Enjoy a lively quiz with a tasty supper. A raffle too!!

Fun Easter Activities for Children, Saturday 30th March: At St Henry Morse **1:00 till 3:00pm, £5 per child.** Please see poster at the back of church.

Newsletter- information received before noon on Wednesdays will be included in the next weekend’s newsletter, (provided there is space available) and/or posted to the Parish Website. Information and notices should be sent to office@holyltrinitydiss.com.