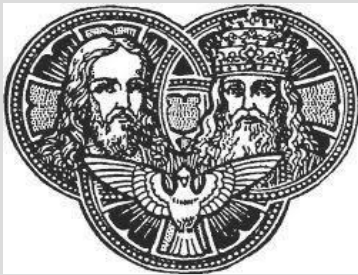


Catholic Parish of the  
Most Holy  
Trinity



**Church of St Henry Morse**

Shelfanger Road, Diss,  
Norfolk IP22 4DX

Tel: 01379 642914

[www.sthenrymorse.com](http://www.sthenrymorse.com)

Charity No. 278742

Parish Priest  
Fr. Alex Anaman

Email: [alex.anaman@rcdea.org.uk](mailto:alex.anaman@rcdea.org.uk)

Deacon Patrick Limacher  
Deacon David Croucher

Parish Office & Newsletter:

[office@holytrinitydiss.plus.com](mailto:office@holytrinitydiss.plus.com)

Parish Treasurer:

[finance@holytrinitydiss.plus.com](mailto:finance@holytrinitydiss.plus.com)

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**Our Lady of Mount Carmel  
Carmelite Monastery,**

Quidenham,  
Norfolk NR16 2PH

Tel: 01953 887202

[www.quidenhamcarmel.org.uk](http://www.quidenhamcarmel.org.uk)

Carmel Chaplain  
Fr. Stephen Blair

01953 716060

Parish Diary 24th December 2022 – 1st January 2023

Date	Solemnity/Feast	Place, Time, Event	Mass Intentions/Notes
		QC - Quidenham, Carmel HM - Henry Morse, Diss	
Sat 24th	<b>THE NATIVITY OF THE LORD. SOLEMNITY WITH OCTAVE.</b>	QC 0800 Mass HM 0930 Rosary HM 1000 Mass HM 1800 Christmas Vigil	HM 1045 Confession Mass for the Family
<b>FIRST WEEK OF CHRISTMAS (Year A)</b>			
Psalm Response:		All the ends of the earth have seen the salvation of our God.	
Gospel Acclamation:		A hallowed day has dawned upon us. Come, you nations, worship the Lord, for today a great light has shone down upon the earth.	
Eucharistic Prayer:		1	
Sun 25th	<b>FIRST WEEK OF CHRISTMAS</b> <b>CHRISTMAS DAY</b> Day of Obligation	QC 2345 Carols - followed by Mass HM 12 Midnight HM 1000 Mass QC 1030 Mass	For the Parish Maureen Smith's Intentions
Mon 26th	<b>ST STEPHEN THE FIRST MARTYR. Feast.</b>	QC 0800 Mass HM 0930 Mass	Bring Your Gift for Blessing
Tue 27th	<b>ST JOHN Ap &amp; Evangelist. Feast.</b>	QC 0800 Mass	
Wed 28th	<b>HOLY INNOCENTS MM. Feast</b>	QC 0800 Mass HM 0930 Mass	Michael Conlon RIP
Thurs 29th	<b>ST THOMAS BECKET BM. Patron of the Pastoral Clergy. Feast</b>	QC 0800 Mass	
Fri 30th	<b>THE HOLY FAMILY OF JESUS, MARY and JOSEPH. Feast</b>	QC 0800 Mass HM 0930 Mass	
Sat 31st	<b>Seventh Day within the Octave of the Nativity.</b>	QC 0800 Mass HM 1000 Mass HM 1800 Mass	HM 0930 Rosary HM 1045 Confession Vigil of New Year
Sun 1st January	<b>2nd WEEK OF CHRISTMAS</b> <b>SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD.</b>	HM 1000 Mass QC 1030 Mass	Intentions of Kathleen Langton LECTIONARY: SUNDAYS = YEAR A; WEEKDAYS = I

**Please pray for the house-bound and sick:** Joan Brown, Larry Gahan, Fr. Martin Fears, Monica Palmer, Monica Root, Martin Blaser, Peter Hinchey, Pat Kelly, Harold Prendergast, Cyril Bond, Kevin Preston, Ursula Halton, Kathleen Langton, John Pitt, June Cary, Beryl Morrison, Jeremy Power, John Kilgannon, Ockie Bruning, Yvonne Mitchell and David Williams.

**We pray for the souls of those whose anniversaries occur in December;** Michael Patrick LANGAN, Mary Teresa Howard, Edward Daniel MADDEN, Methetabel Mahala EDWARDS, Alan Francis ECKFORD, Peter Harold WREN, Irene Victoria CREIGH, Mary Rosaria AUSTEN, Valeria Ann (Val) CLARKE, Winifred CLAYDON, Maria BRIGHT, Peter George SLUICE, Annie MacKENZIE, Sybilla MEE, Graeme CREEK, Nanny Gert WARREN, Miles WIESLAWA, Patrick JOHNSON, Neville Benjamin EDWARDS, Margaret Patricia PEGG, Eva Maud ATKINS, Elizabeth HAIGH, Conor James WALSH, Valdemar ALMEIDA, Sr. Wendy BECKETT, Gillian Jean WESTON, John SLATTERY, Frances PARDOR, Stephen Charles WATKINS, Thomas David WARDILL, Christina Catherine Mary ATKINS, Margaret Mary NORMAN, Marjorie CHRISTIE, Roy GALLACHER, Terence MINSHULL. **May they Rest in Peace.**

## Parish News

**A warm welcome to everyone.** Coffee and tea are served after the 10.00am Mass on Sundays and the 09.30 Mass on Wednesdays; all are invited to join us. Father Alex offers a warm welcome to anyone who is visiting the parish this week.

**Newsletter-** information received before noon on Wednesdays will be included in the next weekend's newsletter (provided there is space available) and/or posted to the Parish Website. Information may be left in the office or emailed to [office@holytrinitydiss.plus.com](mailto:office@holytrinitydiss.plus.com)

**We are looking for someone to oversee our Parish Library and Religious Articles in the Community Room.** If you are interested in volunteering, please speak to Fr Alex.

**FOODBANK - URGENTLY NEEDED FOOD ITEMS** – rice pudding, tinned fruit, UHT milk, sugar, custard, biscuits, instant mash, long life fruit juice, sponge puddings, tinned potatoes, rice, jam/spreads.

**Christmas Season:** Christmas Season is the annual feast commemorating the birth of Jesus Christ, a little over 2000 years ago. The liturgical season of Christmas is one of the shortest, but also one of the most unique. For Christians, it is not just a single day (Dec. 25), but an extended season of joy and celebration, involving many different symbols and traditions, special music and activities. Liturgically it begins from Christmas Eve through Epiphany to the celebration of the Baptism of the Lord. Let us celebrate God's love for the world through the birth of the Christ child: Jesus. Fr Alex

### Clergy Thoughts

Theme: **The Incarnation** Today, God has proved the depth of his love by fulfilling his promise. The Word of God is no longer just the message spoken by prophets. It is now, a human person. The Word has become flesh through the Blessed Virgin Mary. The central message of today's celebration is the incarnation and the fullness of God's divine revelation in Christ. May this love of God be born afresh in our hearts and in our world as we celebrate this day the gift of Christmas. Amen. Fr Alex

**Offertory collections taken at Christmas Masses** are for the Parish Priest and Deacon's. If you are taxpayer your offering can be Gift Aided. This means that HMRC will give back 25% off your donation as a tax rebate to the Church. To obtain this rebate you must use the special envelopes (even if you already gift aid) which will be available from the 10th December until 1st January. Cheques must be made payable to "Diss Catholic Church". Thank you.

**Many thanks also to parishioners** who attended the recent Waveney Choir concert. It was a great success and enjoyed by all. A magnificent £576 was raised for the Foodbank. Thanks too to those who helped with preparations and refreshments.

### THE DIOCESE IS SEEKING A DEPUTY DIRECTOR OF SCHOOLS SERVICE -

PLEASE SEE DIOCESAN WEBSITE FOR MORE DETAILS: [HTTPS://WWW.RCDEA.ORG.UK/VACANCIES/](https://www.rcdea.org.uk/vacancies/) [1]

**Inviting all young people to a special Candlelight Mass - 7th January** - A special Mass for young people at the start of January, celebrated by Bishop Peter, followed by hotdogs, fireworks and refreshments. It will take place from 4pm - 6pm at The White House, 21 Ugate, Poringland, NR14 7SH. There will be a collection of gifts for the Welcome Rucksack Project which helps children who are refugees. Suitable gifts (please bring unwrapped) include small games, stickers, children's shampoo and bodywash. Organised by the Diocesan Youth Service [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)

**'NEW CHURCH CLEANING ROTA IS UP IN THE COMMUNITY ROOM.** Please put your name against a slot convenient to you. Thank you to everyone who regularly cleans our church building.'

**'CHRISTMAS RAFFLE WINNERS:** Please collect your prize and cross your name off the winners list. Thank you.'

### 8 Day Pilgrimage to the Holy Land 2023 = 16<sup>th</sup>-23<sup>rd</sup> March 2023

For any of our parishioners who are interested, further details can be had by phoning Margaret Donnelly. Tel 01953 861479.

**Healing After Abortion** - Rachel's Vineyard weekend retreat. - March 17 – March 19<sup>th</sup> 2023, North Norfolk

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Healing Weekends offer a supportive, confidential and non-judgmental environment where women and men can express and reconcile painful post-abortive emotions to begin the process of healing. Do email so that we can correspond or arrange a time to chat.

East England contact: [sona@rachelvineyard.org.uk](mailto:sona@rachelvineyard.org.uk) . Further info about RV: <https://www.rachelvineyard.org.uk>

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